

winter spring summer autumn

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Dec. Jan. Feb. March April May June July Aug. Sept. Oct. Nov.

	Dec.	Jan.	Feb.	March	April	May	June	July	Aug.	Sept.	Oct.	Nov.
ALEXANDERS												
BLACKBERRIES												
COBNUTS												
CRAB APPLES												
DAMSONS												
DANDELIONS												
ELDERBERRIES												
ELDERFLOWERS												
HAZELNUTS												
MARSH SAMPHIRE												
NETTLES												
PENNY BUN MUSHROOMS (cep)												
ROCK SAMPHIRE												
ROSEHIPS												
SLOES												
St. GEORGES MUSHROOMS												
SWEET CHESTNUT												
WILD CERVIL												
WILD GARLIC												

Our seasonal colours - At Well Seasoned we are passionate about the rich variety of our seasonal produce. Our seasonal colour bars are designed to convey the vibrancy of every season and the foods they bring us!



KEY: The Hedgerow Harvest is nearly all Forager rather than Shopper so we've divided this chart into: Wild and Really Wild - for the eager! Available, but may not be at its seasonal best.